

Size of shellfish

What is the minimum size of shellfish you are allowed to gather?

Portuguese oysters (*Crassostrea gigas*): 30 g per oyster

Native oysters (*Ostrea edulis*): 5 cm.

Mussels (*Mytilus edulis*): 4 cm.

Variiegated scallops (*Chlamys varied*): 3.5 cm.

Carpet shells (*Venerupis, Ruditapes*): 4 cm.

Clams (*Venus verrucosa*): 4 cm.

Cockles (*cerastoderma edule*): 3 cm.



Warning

The consumption of shellfish may pose a health hazard. Sanitary quality checks are systematically carried out all along the coast. It is therefore recommended to respect any ban on shellfish gathering pronounced by the authorities in areas where toxic algae proliferate.

Some advice

Make sure you are not gathering anything from shellfish beds owned by professionals

Only gather the amount of shellfish you are sure to eat the same day

Wash and refresh your shellfish in sea water while you are on the shore.

Put stones back in place without turning them upside down .

Don't touch the wrack fixed on rocks: this seaweed participates in the balance of the micro-system.

Let small shellfish grow.

Keep informed on the dangers for health in the area: don't spoil your pleasure by eating contaminated shellfish.

Stay away from harbours and mooring areas.

Inquire about tide schedules and tidal ranges, and the weather report.

Respect prefectorial decrees temporarily forbidding the gathering of shellfish:



Useful addresses

If you wish to learn more about regulations, bans, safe and unsafe areas, please contact:

Townhall of Carantec: 02 98 67 00 30

D.D.A.S.S. of Finistère (health services): 02 98 64 50 70

Affaires Maritimes: 02 98 62 10 47

Or consult the Ministry of Health website: <http://bretagne.sante.gouv.fr>